

	Heart's Core	Ought To	Fun To
H A V E			
D O			
B E			

**Instructions:** Fill in the cells as follows: "Heart's Core" column should include things you must do for your life to have meaning; "Have" refers to possessions, "Do" covers accomplishments, "Be" covers states of existence. The "Ought To" column covers areas where you feel an obligation to have, do, or be. The "Fun To" column is for things you'd like to have, do or be. Typically issues of career, family and home appear in "Heart's Core", practical issues and obligations are in "Ought To", and travel, vacation, second homes, etc. are in "Fun To."